

CONTRIBUTION OF ASTROLOGY IN MEDICINE - A REVIEW

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ABSTRACT

Astrology is the art of predicting or determining the influence of the planets and stars on human affairs. The origin of this word is from Greek word astron, star + logos (discourse). Both *Ayurvēda* and Astrology have established a way of life in India since time immemorial. Highly advanced knowledge related to Astrology on medicine is preserved in Indian Holy scriptures and transmitted from generation to generation. Although both Astrology and medicine were developed as a part of religion in ancient India, astrological principles related to prevention, health care and relief from illness were applied as rituals (religious ceremonies). An astrologer gives guidance for taking medicines at suitable time for the best remedy of ailments. Even the medicinal herbs were collected and used at appropriate times for their efficacy. Astrology and *Ayurvēda* are inseparable in human life. Role of the Astrology in healthy life and pathogenesis of the disease is well known to Indians. When a physician knows etiology of the disease, he attempts to treat the disease with specific medication, diet and life style and also avoiding causative factors. In a case where a physician is unable to understand the pathogenesis of the disease and to treat, the patient depends upon Astrology. Account of good and bad deeds during this life and previous lives, their consequences of health or ill health during this life which orderly, when, what and how will be clearly known through Astrology. It gives guidelines about welfare not only to human being but also to whole creation and also indicates about calamities and their solutions as possible extent. Hence a concise astrological evaluation related to prevention, health care, diagnosis and treatment of diseases is being presented in this article.

Key words: Astrology, Horoscope, House, Planet, *Lagna*, *Rāśi*, Lord, Aspect, *Mantrānuṣṭhāna* & *Bijamantra*.

Introduction

Astrology means the art of predicting or determining the influence of the planets and stars on human affairs. It gives guidelines about welfare not only to human being but also to whole creation and also indicates about calamities and their solutions as possible extent. The origin of this word is from Greek word astron, star + logos (discourse).

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A lot of literature is available on astrology related to medicine. So it is also essential that a physician should study the astrology for medical purpose like prevention, health care, diagnosis, treatment and its limitations. More research is essential in the lines of Medical Astrology through astrological classics, which can help the medical science, ultimately to the humanity.

Important aspects of astrology related to medicine

A horoscope is a chart of planetary position at a specific time, it consists twelve houses. These houses rule over all the conceivable aspects of the life, including the tendencies of the past lives and prospects for any future life also. The first house is known as the *lagna*.³ It is the most important house of the horoscope. The remaining houses are studied only as they are related to the *lagna*.³ These twelve houses of the horoscope rule over various parts of the body, related to the health and various diseases in different organs or regions.⁹ So an astrologer must consider the following factors while studying the birth-chart about health, probable diseases and their treatment.

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|---------------------------------|--------------|
| 1. Prevention | 4. Diagnosis |
| 2. Health care | 5. Severity |
| 3. Timing of disease occurrence | 6. Treatment |

1. Prevention

The planets those are harmful to the health should be propitiated by astrological remedies as sacrament after birth in the early stage of life and childhood because “prevention is better than cure”. The harmful planets, which can create adverse effects to the health, can be prevented through propitiation. The *Gaṇḍānta-nakṣatra-śānti-saṁskāra*⁷ [sacrament for propitiation of evil *nakṣatra* (constellation)] in specific auspicious moment according to the horoscope of the child eliminates afflictions of the infants those are born in malefic *nakṣatra* (*Jyēṣṭhā*, *Mūla*, *Rēvatī*, *Aśvinī*, *Aślēkhā* and *Maghā*) for his healthy and long life.

2. Health care

It is better for health and long life of the child that profitable factors like the *lagna*, the Lord of the *lagna*, the Sun, the Moon, the Lord of the eighth house should also propitiate from adverse effects in infancy for child welfare in the health and family

welfare programmes. If harmful planets did not propitiate in infancy, then these adverse factors can also be propitiated in future even when they cause some problems to the person. An experienced astrologer can advise the astrological remedies in this situation.

3. Timing of disease occurrence

This is the strong area of an astrologer to predict a future illness. An astrologer can able to indicate the time when a person is liable to fall ill with analysis of *Vimśōttarī daśā* (which involves a cycle of 120 years) and *Yōginī daśā* (involving a cycle of 36 years). He may help in taking some preventive steps, especially the astrological precautions and remedies to prevent the disease.

4. Diagnosis of the disease

A sound astrologer may diagnose about the nature of disease after examination of horoscope of a person. But there is a need of research for specific diagnosis of diseases through astrology with the help of medical science.

5. Severity of the disease

An efficient astrologer is able to indicate the severity and outcome of illness by strength of adversely effected planets, houses and *nakṣatra* with a fair amount of accuracy, some times better than the physician.

6. Treatment

The treatment of well-developed medical science is superior, more reliable and easily available than any astrological remedies today. But astrology is also helpful when adverse planetary influences indicate the incident of a disease in future dates, where as medical science understandably has no clue about it. Then astrology may help in the treatment by astrological remedial procedures, those apply for propitiations of planets. Sometimes astrology can indicate surgical intervention is going to help or not and probable time. An experienced astrologer is able to point out the diseased organ or region without doubt, when the physician is finding it difficult to locate the site of illness.

Circumstances those are indicating good health

Various factors those are indicated for good health are available in *Āyurvēda* and Astrology also. *Ācārya Caraka* mentioned in *Carakasāmhita* that human life depends on

comprehensive situation of body, mind and soul.¹

Sattvamātmā śarīraṅca trayamētattridaṇḍavat.

Lōkastīṭhathi samyōgāttatra sarvaṁ pratiṣṭhitam. (Ca.Su.1/46)

The Sun is representative of soul⁹, the Moon is representative of mind⁹ and the *lagna* is representative of body³ in Astrology. So it is essential for health that the Sun, the Moon, the *lagna* and the Lord of the *lagna* may be strong, associated with beneficial effect and less with maleficent effect. It is also co-operative for health that Lord of the sixth house or other malefic planets (the Sun, Mars, Saturn, *Rāhu* or *Kētu*) are situated in the sixth house, because health should be in better position without pathogenetic condition in this conditional planetary situation.

Various factors those lead to good health are being mentioned below.

1. Strong *lagna*

The *lagna* is the most important factor of a horoscope that indicates the condition of health of an individual.² Planets are only subservient to the *lagna*. The *lagna* is strong in the following circumstances.

- (a) **Vargōttama** - The *rāśi* (sign) rising in the *lagna* is the same as the *Navamāṁśa lagna* called *Vargōttama*. *Vargōttama* is a specific condition of strength.
- (b) **Occupation by the Lord of the *lagna*** - The house prospers, when occupied by its own Lord.¹⁰ The *lagna* becomes strong, when occupied by its own Lord. It indicates good health.
- (c) **Occupation by the friends of the Lord of the *lagna*** - The *lagna* becomes strong, when occupied by the friends of the Lord of the *lagna*, because a good friend helps to prosper friend's house.
- (d) **Aspect by the Lord of the *lagna*** - Aspect on the *lagna* by the Lord of the *lagna* is better condition to increase strength of the *lagna*. It ensures good health.
- (e) **Aspect by the Jupiter**- Aspect of the Jupiter is a most important beneficial condition for any house or planet.² So when Jupiter aspect on the *lagna*, it prospers strength of the *lagna* and promotes health.
- (f) **Placement of *rājayōga* in the *lagna***- *Rājayōga* is combination of beneficial planets. When *rājayōga* placed in the *lagna*, it prosper strength of the *lagna* and promotes health.

2. Strong Lord of the *lagna*

A house tends to prosper when its Lord is strong and well placed.² The Lord of the *lagna* gains strength when it is situated in the following conditions.

- (a) **Vargōttama** - The Lord of the *lagna* when placed in the same sign in both the *rāśi* chart and the *Navamāṁśa* chart.
- (b) The Lord of the *lagna* placed in exalted *rāśi*.
- (c) The Lord of the *lagna* placed in *Mūlatrikōṇa rāśi*.
- (d) The Lord of the *lagna* placed in its own house.
- (e) The Lord of the *lagna* placed in the house of a friend.
- (f) The Lord of the *lagna* placed in a Trine or a Quadrant.
- (g) The Lord of the *lagna* aspect by Jupiter.
- (h) The Lord of the *lagna* aspect by beneficial planets (Jupiter, Venus, Mercury, the Moon)
- (i) The Lord of the *lagna* aspect by friendly planets.
- (j) The Lord of the *lagna* Associated with beneficial or friendly planets.
- (k) The Lord of the *lagna* Participating in the formulation of *rājayōga*.

3. *Śubhakarta*-yōga around the *lagna* or the Lord of the *lagna*

Any house or planet hemmed between beneficial planets tends to gain strength and produce beneficial results. When beneficial planets occupy the second and the twelfth positions from the *lagna* or the Lord of the *lagna*, they produce good health.⁹

4. Occupation by the strong Sun in the *lagna*

The Sun is the God of health. When the Sun is situated in the *lagna* as unaffected and strong in his position ensures good health.

5. Unaffected Moon

An unaffected strong Moon is also most important for good mental and physical health.² *Śubhakarta*-yōga around the Moon is also positive factor for good physical and mental health.

6. Placement of the Lord of the sixth house or malefic planets in the sixth house

This is most important factor for good health that the Lord of the sixth house or the malefic planets situated in the sixth house.² Because they could not produce illness, when they are situated in the sixth house.

7. Placement of Saturn in the eighth house

Eighth house is the house of life. Saturn is the significator for longevity. When Saturn is placed in the eighth house, it ensures good health and long life.

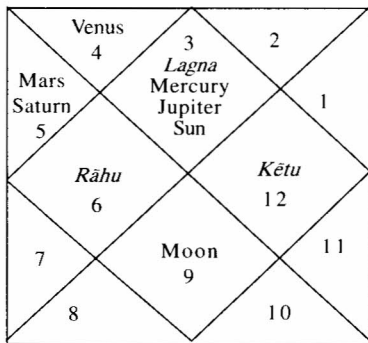
8. Strong Lord of the eighth house

When the Lord of the eighth house situated in strong position ensures good health.

Example of a healthy person's horoscope

A horoscope of healthy person presented here for example.

Birth-date - 22-01-1978 Birth-time - 07:00:00 A.M. Birth-place - Delhi, India



<i>Lagna</i>	- Gemini	- 27:01:35
Sun	- Gemini	- 06:44:52
Moon	- Sagittarius	- 24:01:31
Mars	- Leo	- 10:52:06
Mercury	- Gemini	- 15:50:09
Jupiter	- Gemini	- 20:06:54
Venus	- Cancer	- 13:16:11
Saturn	- Leo	- 02:52:23
<i>Rāhu</i>	- Virgo	- 07:54:40
<i>Kētu</i>	- Pisces	- 07:54:40

Factors those indicates good health in this horoscope are mentioned below.

1. Mercury, the Lord of the *lagna* is situated in the *lagna* in strong position.
2. The Sun is situated in the *lagna*.
3. The Sun is friend of the Lord of the *lagna*.
4. *Budhāditya yōga (rājayōga)* is also increasing strength of the *lagna*.
5. Aspect of full Moon on the *lagna* and the Lord of the *lagna* is also increasing strength of the *lagna*.
6. Aspect of Jupiter and the Lord of the *lagna* increasing the strength of the Moon.

7. Aspect of the Mars (Lord of the sixth house) on the sixth house is also a good position for absence of the diseases for maintaining the health.
8. Malefic planets Mars and Saturn are situated in the 3rd house. It is also co-operative situation for health.

Circumstances those lead to ill health

There are various factors those indicates ill health. Combinations for ill health are opposite of those indicated good health also. The factors, those lead to ill health are being concisely mentioned below.

1. Situation and association of the Lord of the sixth house

The Lord of the sixth house is most important factor for pathogenesis. Pathogenetic condition develops by situation and nature of the Lord of the sixth house.⁵ The Lord of the sixth house creates disease in the representative organ of particular house.

- (a) Where it is situated.
- (b) Associated with the Lord of that house.

2. Situation of beneficial planets in the sixth house

The beneficial planets create disease, when they are situated in the sixth house by their nature.⁵ They develop disease in that particular organ, which is represented by them.

3. Situation and association of the Lord of the eighth and the twelfth house

The Lord of the eighth and the twelfth house are also responsible for pathogenesis.⁵ They also create disease in the representative organ of that house where they are situated or associated with the Lord of that house.

But the Sun, the Moon and the Lord of the *lagna* do not create disease, when that is the Lord of the eighth house according to the *Parāśara*. If the Lord of the twelfth house may be trine also, that does not create disease.⁷

4. Weak *lagna*

The weak *lagna* is most important factor for ill health.² The *lagna* becomes weak in the following situations.

(a) **Occupation by the malefic planets** - The *lagna* becomes weak, when occupied by the malefic planets. It is the indication of ill health.

(b) Occupation by the enemies of the Lord of the *lagna* - When the enemies of the Lord of the *lagna* are situated in the *lagna*, it becomes weak by reverse effect of enemies.

(c) Aspect of the malefic planets - Aspect of the malefic planets on the *lagna* is an adverse effective situation. The *lagna* becomes weak by aspect of malefic planets.

(d) Presence of adverse *yōga* in the *lagna* - When the adverse *yōga* is present in the *lagna*, the *lagna* becomes weak. It causes ill health.

5. Weak Lord of the *lagna*

Weakness of the Lord of the *lagna* is also most important cause for ill health.² When the Lord of the *lagna* becomes weak, it is a great indication of ill health. The Lord of the *lagna* becomes weak in following circumstances.

(a) Debilitation- When the Lord of the *lagna* is debilitated, it is a symbol of weakness. A debilitated Lord of the *lagna* is responsible cause for ill health.²

(b) Combustion- When planets close to the Sun tend to lose their strength and vitality and are considered to be combust. A combust planet loses its capacity to do well and produce adverse results.² It is also specific sign of illness when the Lord of the *lagna* is combust.

(c) Retrogression - The planets become retrograde when they appear to move in a reverse direction during their movement. A retrograde planet produces unexpected results and generally adverse for health.² The retrograde Lord of the *lagna* is also specific cause of illness.

(d) Occupied an adverse house like the 6th or the 8th or the 12th - The sixth, the eighth and the twelfth houses are particularly adverse for health.² So when the Lord of the *lagna* occupies one of these houses, it becomes weak and it is a specific indication for ill health.

(e) Association with the malefic planets - When the Lord of the *lagna* associated with the malefic planets, it becomes weak by adverse effect of the malefic planets.

(f) Aspect by the malefic planets - When the Lord of the *lagna* aspect by the malefic planets, it is a cause for sickness due to weakness of the Lord of the *lagna*.

(g) Placement in the house of an enemy - When a planet placed in the house of an

enemy, it becomes weak. So placement of the Lord of the *lagna* in the house of an enemy is also an indication of sickness.

6. Pāpakartari-yōga⁹ around the *lagna* or the Lord of the *lagna*

Presence of the malefic planets in the 2nd and the 12th house from the *lagna* or the Lord of the *lagna* is called *pāpakartari-yōga*. It is also clear indication for ill health.

7. Affected Moon- Affected Moon is adverse for mental and physical health also. The Moon affects when it is.

- (a) Debilitated.
- (b) Affected by the malefic planets with association or aspect.
- (c) *Pāpakartari-yōga* around it.
- (d) Harmful placement of the Moon.

8. Weak Sun

The Sun is the God of health. So good position of the Sun is necessary for sound health. But when it becomes weak, it is very negative and harmful situation for health and a clear indication of sickness. The Sun becomes weak when it is.

- (a) Debilitated.
- (b) Affected by the malefic and enemy planets (specially Saturn, *Rāhū* and *Kētu*) with association or aspect).
- (c) *Pāpakartari-yōga* around it.
- (d) Harmful placement of the Sun.

9. Absence of the malefic planets in the 3rd or the 6th house

Absence of the malefic planets in the 3rd or the 6th house is a very weak point for health, which must be neutralized by other beneficial combinations to ensure good health.²

10. Weak Lord of the eighth house

Strong Lord of the eighth house is good for health. But weak and adverse affected Lord of the eighth house indicates ill health.

Adverse affected planets those are situated in the *lagna* create diseases in the following organs or *dhātu* (bodily elements).⁸

Table-I

Sl. No.	Planets	Ill organs or <i>dhātu</i> , when adversely affected planets situated in the <i>lagna</i> (but that is not the Lord of the <i>lagna</i>)	Ill organ or <i>dhātu</i> , when adversely affected Lord of the <i>lagna</i> situated in the <i>lagna</i>
1.	Sun	Eyes, Heart, Bones	Bones
2.	Moon	Mind, Lungs, Blood	Blood
3.	Mars	Muscles, Marrow	Muscles
4.	Mercury	Voice, Hearing, Skin	Skin
5.	Jupiter	Abdomen, Intestine, Liver, Fat	Fat
6.	Venus	Eyes, Urine, Semen	Semen
7.	Saturn	Feet, Nerve	Nerve

If the Lord of the *lagna* placed in debilitation sign and the *lagna* or the Lord of the *lagna* malformed, it produce following diseases.⁵

Table-II

Sl. No.	<i>Lagna</i>	Lord of the <i>lagna</i>	Debilitation sign	Placement in the house	Diseases
1.	<i>Mēṣa</i> (Aries)	Mars	Cancer	Fourth	Diseases of heart and lungs
2.	<i>Vṛṣa</i> (Taurus)	Venus	Virgo	Fifth	Diseases of abdomen
3.	<i>Mithuna</i> (Gemini)	Mercury	Pisces	Tenth	Stabbing pain in knee
4.	<i>Karka</i> (Cancer)	Moon	Scorpio	Fifth	Dropsy
5.	<i>Simha</i> (Leo)	Sun	Libra	Third	Diseases of ear
6.	<i>Kanyā</i> (Virgo)	Mercury	Pisces	Seventh	Diseases of urine

7.	<i>Tulā</i> (Libra)	Venus	Virgo	Twelfth	Diseases of eyes
8.	<i>Vṛścika</i> (Scorpio)	Mars	Cancer	Ninth	Wounds on hips or thigh
9.	<i>Dhanu</i> (Sagittarius)	Jupiter	Capricorn	Second	Diseases of mouth
10.	<i>Makara</i> (Capricorn)	Saturn	Aries	Fourth	Diseases of heart
11.	<i>Kumbha</i> (Aquarius)	Saturn	Aries	Third	Diseases of throat and trachea
12.	<i>Mīna</i> (Pisces)	Jupiter	Capricorn	Eleventh	Diseases of ear, filaria etc.

Astrological Indications for cure and recovery

Astrology indicates, when disease will be cured, whether it will be recovered or not. The following factors indicate about cure or recovery from ill health.

1. Strong *lagna* and strong Lord of the *lagna* - The *lagna* is the single most important factor in the maintenance of the health. The strong *lagna* and the strong Lord of the *lagna* ensure recovery from diseases.²

2. Strong Lord of the 6th house- The strength of the sixth house and its Lord indicate good body resistance and recovery from illness.

3. Favourable *daśā* - Favourable *mahādaśā* (major period), *antardaśā* (sub-period) and *pratyantardaśā* (sub-sub period) ensure recovery from illness. The concept of the subsequent *daśā* is result orientated.² When a disease producing *daśā* is operating, if the subsequent *daśā* is favourable, it indicates recovery. If the subsequent *daśā* is unfavourable, it indicates no recovery and further complications also. When several subsequent *daśā* are adverse one after the other, recovery is very difficult.

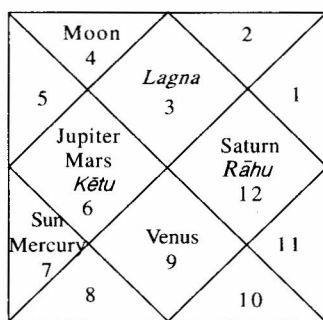
4. Favourable transits- When transits specially Jupiter, Saturn and *Rāhu* indicate good results, recovery from disease occurs.

5. Jupiter's aspect- Jupiter is most potent natural beneficial planet. When it aspects the Lord of *daśā* in the birth chart or during its transit, it is the best indication about recovery by aspect of Jupiter.²

Example of curable patient's horoscope

Horoscope of the patient, who is suffering from Giant-cell-tumor in left knee, is presented here for example.

Birth-date -12.11.1968 Birth-time – 20.05.00 P.M. Birth-place – Warangal, A.P., India



<i>Lagna</i>	- Gemini	- 04:56:02
Sun	- Libra	- 26:52:12
Moon	- Cancer	- 18:10:21
Mars	- Virgo	- 08:37:37
Mercury	- Libra	- 12:56:55
Jupiter	- Virgo	- 06:01:16
Venus	- Sagittarius	- 03:48:26
Saturn	- Pisces	- 26:34:05
<i>Rāhu</i>	- Pisces	- 15:33:34
<i>Kētu</i>	- Virgo	- 15:33:34

Indications of the knee-disease in this birth-chart

(1) The Lord of the 10th house (Jupiter) is affected with the Lord of the 6th house (Mars) and *Kētu* in the 4th house. Aspect of Mars on the 10th house is also harmful. So it is an indication of knee-disease.

(2) The Lord of the 8th house (Saturn) and *Rāhu* are placed in the 10th house. It is the indication of knee-joint pain. So this person had felt pain in knee joint during the *Vimśottari daśā* of Venus-Jupiter-Mars during the period of 06.08.2003 – 10.10.2003.

Indications of cure

(1) The aspect of Jupiter (the Lord of the 10th house) on the 10th house is a best curable factor.

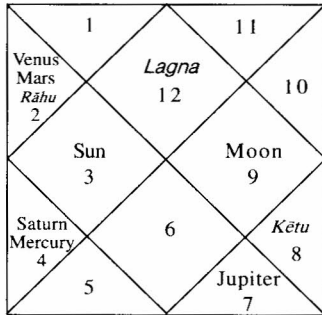
(2) Saturn is situated in the tenth house with association of *Rāhu*. So it is also a better situation for cure according to the principle '*Sthānavṛddhikaraḥ śaniḥ*'.

(3) This patient is cured by operation on 20.04.2006, during the *vimśottari daśā* of Venus-Saturn-*Rāhu* during the period of 12.04.2006-14.09.2006. Because *Rāhu* is significant for surgery and it is situated in the 10th house.

Example of non-curable patient’s horoscope

A horoscope of the patient who is suffering from heart disease is presented here for example.

Birth-date - 03.07.1947 Birth-time - 00:15:00 A.M. Birth-place - Sirsaganj, U.P., India



<i>Lagna</i>	- Pisces	-20:40:20	Jupiter - Libra	-24:50:49
Sun	- Gemini	-16:54:57	Venus - Taurus	-29:50:28
Moon	- Sagittarius	-09:41:51	Saturn - Cancer	-15:01:50
Mars	- Taurus	-08:03:01	<i>Rāhu</i> - Taurus	-08:56:48
Mercury	- Cancer	-03:56:61	<i>Kētu</i> - Scorpio	-08:56:48

Indications of heart disease in this birth-chart

- (1) The Sun, the fourth house, the fifth house, the Cancer and the Leo are significant for heart disease.
- (2) The Sun as the Lord of the sixth house is situated in the fourth house.
- (3) The Lord of the *lagna* is situated in the eighth house.
- (4) So this person has affected with heart disease during the period of *Rāhu*-Mercury (13.05.2000-18.06.2002).
- (5) This person had suffered with heart attack in march-2004 during the period of *Rāhu*-Venus (19.12.2003-18.12.2006) because Venus is the Lord of the eighth house. It is also enemy of the Jupiter that is the Lord of the *lagna*.
- (6) During this period Saturn was transited in the fourth house where the Sun is situated in the birth-chart.
- (7) Jupiter (the Lord of the *lagna*) was also transited in the sixth house at that time.

Indications of recovery

- (1) The patient had recovered after operation because the Lord of the *mahādaśā* (*Rāhu*) and the Lord of the *antardaśā* (Venus) were affected with association of Mars.
- (2) Aspect of Jupiter (Lord of the *lagna*) on fourth house in the birth-chart is also beneficial situation for recovery. Jupiter is the Lord of the *lagna* in this chart, so its aspect is most important and more beneficial.

Indications of re-occurrence

Re-occurrence of the disease can be expected during the period of Sun *antardāśā* (18.12.2006-12.11.2007) in *Rāhu mahādaśā*. So astrological remedies are assential to prevent re-occurrence.

Principles of astrological remedies for health care

There are diverse types of remedies described in astrological literature for health care. The *mantrānuṣṭhāna* (Vedic-hymn or sacrificial formula with the order of performing religious ceremonies)⁶, wearing a particular gem or drug, charity and bath with medicines by particular way, those are prescribed by an experienced astrologer are most important for health care.

The Sun is the God of health. So *Sūryanamaskāra* (adoration of the Sun)⁶ at the time of Sunrise, *arghya* (to offer libation to the rising Sun with water), prayer to the Sun and *mantrānuṣṭhāna* of *bijamantra* (a mystical syllable of a *mantra*)⁶ of the Sun are several most important methods for health care to everybody.

The *lagna* is representative of body. So wearing the gem or medicine which related to the Lord of the *lagna* is most effective for good health. *Mantrānuṣṭhāna* of *bijamantra* of the Lord of the *lagna* is most important for sound health. These remedies increase resistance, improve health and also cure diseases. So details are presented in the following (III & IV) tables.

Wearable gem⁹ and medicine according to the Lord of the *lagna*

Table-III

Sl. No.	<i>Lagna</i>	Lord of the <i>lagna</i>	Wearable gem	Wearable medicine
1.	Aries	Mars	Coral	<i>Anantamūla</i> (Root of <i>Hemidesmus indicus</i> R.Br.)
2.	Taurus	Venus	Diamond	<i>Mañjiṣṭhāmūla</i> (<i>Rubia cordifolia</i> Linn.)
3.	Gemini	Mercury	Emerald	<i>Vidārikandamūla</i> (<i>Pueraria tuberosa</i> D. C.)
4.	Cancer	Moon	Pearl	<i>Kṣīriṇīmūla</i> (Root of <i>Manilkara hexandra</i> Roxb.)
5.	Leo	Sun	Ruby	<i>Bilvamūla</i> (Root of <i>Aegle marmelos</i> Corr.)
6.	Virgo	Mercury	Emerald	<i>Vidārikandamūla</i> (<i>Pueraria tuberosa</i> D. C.)
7.	Libra	Venus	Diamond	<i>Mañjiṣṭhāmūla</i> (<i>Rubia cordifolia</i> Linn.)
8.	Scorpio	Mars	Coral	<i>Anantamūla</i> (Root of <i>Hemidesmus indicus</i> R. Br.)
9.	Sagittarius	Jupiter	Topaz	<i>Kadalīmūla</i> (Root of <i>Musa paradisiaca</i> Linn.)
10.	Capricorn	Saturn	Sapphire Decne.)	<i>Bicchubūṭīmūla</i> (Root of <i>Girardinia heterophylla</i>)
11.	Aquarius	Saturn	Sapphire	<i>Bicchubūṭīmūla</i> (Root of <i>Girardinia heterophylla</i> Decne.)
12.	Pisces	Jupiter	Topaz	<i>Kadalīmūla</i> (Root of <i>Musa paradisiaca</i> Linn.)

Principles of astrological remedies for treatment of diseases

There are several methods described in astrological and Vedic literature for curable diseases. The *mantrānuṣṭhāna* is the best method for cure. Because disease-producer-planet does not create disease after pacification by *mantrānuṣṭhāna* of Vedic-hymn or *bijamantra*. So patient should repeat Vedic-hymn or *bijamantra* daily by systematic procedure prescribed by astrologer and well-versed in Vedic-hymn till the disease is cured.

Procedure of *mantrānuṣṭhāna*

The patient should perform *japa* (muttering prayers, repeating in a murmuring tone passages from scripture or charms or names of a diety)⁶ of Vedic-hymn or *bijamantra* in certain number with meditation and worship of disease-producer-planet. Then he should perform the *havana* (ceremony in which oblations are offered through the Fire God) with the *havana-samidhā* (fire-wood that is used as fuel in sacrificial fire) by *āhuti* (offering oblation with fire to the deities)⁶ of disease-producer-planet in one-tenth part of *japa*. Then he should offer *tarpaṇa* (a particular ceremony performed with a magical *mantra* with libation of water)⁶ in one-tenth part of *havana*. Then he should do *mārjana* (purification) in one-tenth part of *tarpaṇa*. Then he should feed *brāhmaṇa* (who have divine knowledge)⁶ in one-tenth part of *mārjana*. It is the best procedure for pacification of disease-producer-planets.

So *bijamantra*⁴, *havana-samidhā*⁷, number of *japa*⁸ (four times in *Kaliyuga*), number of *āhuti*⁸, number of *tarpaṇa*⁸, number of *mārjana*⁸, number of *brāhmaṇa*⁸ for feeding are mentioned in following table-IV for appeasement of adverse affected planets due to method of *mantrānuṣṭhāna*.

Bijamantra of the planets, *havana-samidhā* and number of *japa*, *havana*, *tarpaṇa*, *mārjana* and feeding of *brāhmaṇa*

Table-IV

Sl. Planet No.	<i>Bijamantra</i>	<i>Havana-samidhā</i>	Number of <i>japa</i>	Number of <i>āhuti</i> in <i>havana</i>	Number of <i>tarpaṇa</i>	Number of <i>mārjana</i>	Number of <i>brāhmaṇa</i> for feeding
1. Sun	<i>Ōm</i> <i>ghṛṇih</i> <i>sūryāya</i> <i>namaḥ</i>	<i>Arka</i> [<i>Calotropis</i> <i>procera</i> (<i>Ait</i>) <i>R.Br.</i>]	28000	2800	280	28	3

2.	Moon	<i>Ōm sōm sōmāya namaḥ</i>	<i>Palāśa</i> [<i>Butea monosperma (Lam.) Kuntze.</i>]	44000	4400	440	44	5
3.	Mars	<i>Ōm am aṅgārakāya namaḥ</i>	<i>Khadira</i> [<i>Acacia catechu Linn. (f.) Willd.</i>]	40000	4000	400	40	4
4.	Mercury	<i>Ōm buṁ budhāya namaḥ</i>	<i>Apāmārga</i> [<i>Achyranthes aspera Linn.</i>]	36000	3600	360	36	4
5.	Jupiter	<i>Ōm bṛiṁ bṛhaspatayē namaḥ</i>	<i>Aśvattha</i> [<i>Ficus religiosa Linn.</i>]	76000	7600	760	76	8
6.	Venus	<i>Ōm suṁ śukrāya namaḥ</i>	<i>Udumbara</i> [<i>Ficus glomerata Roxb.</i>]	64000	6400	640	64	7
7.	Saturn	<i>Ōm śarṁ śanaīscarāya namaḥ</i>	<i>Śamī</i> [<i>Prosopis cineraria Druce.</i>]	92000	9200	920	92	10
8.	<i>Rāhu</i>	<i>Ōm rām rāhavē namaḥ</i>	<i>Dūrvā</i> [<i>Cynodon dactylon (Linn.) Pers.</i>]	72000	7200	720	72	8
9.	<i>Kētu</i>	<i>Ōm kēm kētavē namaḥ</i>	<i>Kuśa</i> [<i>Desmostachya bipinnata Stapf.</i>]	68000	6800	680	68	7

Suggestions

A lot of literature is available on Astrology as medicine. But author has presented concisely in this article for introduction. Author wants to discuss more details on each topic related to medical aspects on Astrology on series of articles. A lot of research work

should be carried out for advancement of Medical Astrology. Author presumes that Medical Astrology may help the medical science after some research work on astrological and medical literature both simultaneously. Author is hopeful that Medical Astrology will be a good therapeutic branch of medical science in 21st century.

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सारांश

चिकित्सा-शास्त्र में ज्योतिष का योगदान-एक समीक्षा

भुवनेश कुमार शर्मा, पी.वी.वी. प्रसाद एवं अला नारायण

भारतवर्ष में आयुर्वेद और ज्योतिष-शास्त्र मानव जीवन को सम्यक् दिशा प्रदान करते हुए अतिप्राचीन समय से प्रतिष्ठित है। चिकित्सा-शास्त्र संबंधी अत्यधिक विकसित ज्योतिषीय ज्ञान भारतीय धर्म-ग्रन्थों में सुरक्षित है। यह ज्ञान कतिपय ज्ञान-संपन्न बुद्धिजीवी परिवारों में पीढ़ी दर पीढ़ी प्रसारित हुआ है। यद्यपि प्राचीन भारत में ज्योतिष-शास्त्र और चिकित्सा-विज्ञान धर्म के अंश के रूप में विकसित हुए थे। अतः रोगों की रोकथाम, स्वास्थ्य-संरक्षण और रोगों से राहत सम्बन्धित ज्योतिषीय सिद्धान्त अनुष्ठान के रूप में प्रयुक्त किये जाते थे। ज्योतिषी रोगों की चिकित्सा हेतु उपयुक्त समय पर औषधियाँ लेने के लिए दिशानिर्देश करते थे। यहाँ तक कि अभीष्ट परिणाम प्राप्त करने के लिए निश्चित मुहूर्त में औषधियों का संग्रह और प्रयोग किया जाता था। इस प्रकार मानव जीवन में ज्योतिष-शास्त्र एवं आयुर्वेद का संयुक्त योगदान स्पष्ट है।

भारतवर्ष में स्वस्थ जीवन और रोगों की उत्पत्ति में ज्योतिष-शास्त्र की भूमिका सर्वविदित है। जब चिकित्सक को रोगों का कारण ज्ञात होता है तो वह औषधियों, विशिष्ट आहार-विहार और निदान परिवर्जन द्वारा रोगियों की चिकित्सा करता है। किन्तु जब उसे रोग का कारण समझ नहीं आता है तथा उपलब्ध निदान-चिकित्सा विधियों से रोग का सम्यक् ज्ञान और चिकित्सा नहीं होती है तो ऐसी स्थिति में रोगी ज्योतिषी का सहारा लेता है। मनुष्य द्वारा जन्म-जन्मान्तरों में किये गये शुभ या अशुभ कर्मों का परिणाम उसे इस जन्म में किस क्रम से, कब, क्या और कैसे मिलेगा? इसका सटीक ज्ञान ज्योतिषीय विश्लेषण से प्राप्त किया जा सकता है। अतः जन्म-जन्मान्तरों में किये गये अशुभ कर्मों द्वारा उत्पन्न रोगों के निदान और उनकी चिकित्सा में ज्योतिष महत्वपूर्ण भूमिका निभाता है। यह मनुष्य मात्र ही नहीं अपितु सम्पूर्ण सृष्टि के कल्याण के लिए दिशानिर्देश करता है। यह मानव जीवन और सृष्टि में होने वाली दुर्घटनाओं की जानकारी और उनका यथासंभव समाधान भी बताता है। अतः इस लेख में रोगों की रोकथाम, स्वास्थ्य-संरक्षण, रोग-निदान और चिकित्सा से संबन्धित संक्षिप्त ज्योतिषीय विवेचन प्रस्तुत किया गया है।